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**Conclusions**

Data extracted from the five research studies above demonstrates that hearing loss commonly presents in individuals with adult Refsum’s disease. There are several presentations of hearing loss in these individuals ranging from progressive sensorineural hearing loss to auditory neuropathy spectrum disorder. Literature on Refsum’s disease and site of lesion for hearing loss is very limited. Individuals with adult Refsum’s disease for early intervention in their diet and hearing health.

**References**
