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Other People's Ideas

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My clinical practice has had an increase in musicians. This presents a challenge to me as I am no musician. I occasionally sing in the shower (usually late 80s power ballads; #guiltypleasure) and I have begun to dabble in playing the guitar, but a musician I am not. Music to me is about memory and emotion and until recently not much more. However, if I were to excuse my own opinions and begin to look at some of the long-term benefits, the power of music is incredible. I use music regularly with my tinnitus patients as they find it soothing.

After having the luxury of seeing Nina Kraus speak last week at the AudiologyNow conference, I would encourage everyone to check out her brainvolts website: http://www.soc.northwestern.edu/brainvolts/ to learn more about the benefits music can have on the aging adult brain. The group at Northwestern are doing some amazing work to help us further understand the difference between patient A and patient B. As this issue of *Canadian Audiologist* is dedicated to music, the blogs below are extremely interesting to read.