

## Subjects Wanted

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The Canadian Academy of Audiology



## Help Advance Research on Tinnitus Annoyance

Are you or someone you know age 50-85, have mild hearing loss and experiencing frequent tinnitus? Researchers at Toronto Metropolitan University's SMART Lab are studying a new music-based intervention designed to help manage tinnitus-related distress. **"Assessment of a novel sound-based treatment for managing distress related to tinnitus."**

What is Involved?

- **Phase 1:** A short questionnaire and an audiogram (5-20 minutes)
- **Phase 2:** Eligible participants will be invited to listen to audio on the LUCID VIBE app for 25 minutes daily for 4 weeks
- **Surveys:** Brief questionnaires before (30 minutes), during (2 minutes), and after (30 minutes) the intervention.

Your participation will help us improve music interventions for distress relief for people who frequently experienced tinnitus. Everyone who completes Phase 1 will be entered into a draw to win 1 of 40 \$50 Tim Horton's Gift cards; everyone who completes Phase 2 will receive an additional \$50 Tim Hortons Gift card.

If you are interested in participating, take our short screening survey [HERE](#)

Or for more information please contact Kay Wright-Whyte (Research Coordinator) at [smartlab@torontomu.ca](mailto:smartlab@torontomu.ca) quoting "Tinnitus Study" or call 416-979-5000 x554989.

This study is led by Drs. Brandon Paul and Frank Russo at Toronto Metropolitan University.

This study has been reviewed and approved by the TMU Research Ethics Board (REB 2023-333), and is funded by Mitacs and Sonova Canada.



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